

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11a Qigong/Tai Chi 12:30p Second Harvest 2p Church (Spanish)	2 9:30a Walker's Club 10a Stitching w/ Nena 2p Snacks/IceCream	3 9:30a RA Donuts/Coffee 10a Wknd Flow
4 9:30a Walker's Club 11a Hispanic Heritage Celebration 2p Banks/Pharmacies 2:30p Qigong/Tai Chi 6p RA BINGO	5 10:15a Circuit Strength 11a Balance/Fitness 12p Gerritty's Mkt 12p Hymns/Piano 1p Chair Fitness 2p General Meeting	6 8a Smoke Alarm Tests 9:30a Walker's Club 9:30a Morgan's 11a 'Medicare Updates' 11:30a 'Actualizaciones de Medicare' 11:30a ZUMBA 1p Bible Study	7 8a Smoke Alarm Tests 11a Qigong/Tai Chi 12p Dancing Thru The Decades 12p Lorri W., Vocals 2p Church	8 9:30a Walker's Club 10a Stitching w/ Nena 11:45a CLINIC: OAA 2p Dominó Español 2p Snacks/IceCream	9 10a Wknd Flow 4p Soup & Hotdogs	
11 Columbus Day OFFICES CLOSED 9:30a Walker's Club 6p RA BINGO	12 10:15a Circuit Strength 11a Balance/Fitness 12p Grove St Pub 12p 'Dementia Friendly' 1p Chair Fitness 1:30p LM BINGO	13 9:30a Walker's Club 11:30a ZUMBA 12p Walmart 1p Bible Study	14 9:30a CLINIC: Flu Vaccine 10a Giant 11a Qigong/Tai Chi 11a Wicked Botanist 12p CLINIC: Eye 2p Church	15 9:30a Walker's Club 10a Stitching w/ Nena 10:30a Hampton Winds 1p In-Person Movie 2p Snacks/IceCream	16 9:30a Breakfast 10a Wknd Flow 11a Drum Fitness 11:45a Sculpt & Stretch	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	Boss' Day 20	21	22	23	24
	8:30a Zumba 9:30a Walker's Club 11a Annual Senior Fair 2:30p Qigong/Tai Chi 6p RA BINGO	10:15a Circuit Strength 11a Balance/Fitness 1p Chair Fitness 3:30p Buckeye Tavern	9:30a Walker's Club 10a Boscov's 11a '5 Wishes & POLST' 11:30a ZUMBA 1p Bible Study	10a Crafting Corner 10a Weis 11a Qigong/Tai Chi 2p Church	9:30a Walker's Club 10a Stitching w/ Nena 1p Pelicula en Espanol 2p Snacks/IceCream	10a Wknd Flow
25	26	27	28	29	30	Halloween 31
4p Halloween Social	8:30a Zumba 9:30a Walker's Club 11a Fit Foundation 2:30p Qigong/Tai Chi 6p RA BINGO	10:15a Circuit Strength 11a Balance/Fitness 12p 'Amistosa de Dementia' 1p Hymns / Piano 1p Chair Fitness 2p Church 3:30p 1812 Piano Lounge	9:30a Walker's Club 11a Blue Moo 11:30a ZUMBA 1p Bible Study	10a Dollar Tree 11a Qigong/Tai Chi 2p Church	9:30a Walker's Club 10a Stitching w/ Nena 2p Snacks/IceCream 2p Shredding / Clothing Drive	10a Wknd Flow 4p Birthday Party
					STAFF BIRTHDAYS Ken C. - 10/30	